Arts & Crafts

Anyone Can Draw NEW!

Draw along with Jean as she demonstrates how to draw a variety of objects. Learn to easily calculate proportions, perspective, establish values, replicate contours and compose a successful drawing. Develop skills in drawing textures, animals, elements in nature using graphite pencils, ink and ink washes. This is an easy to follow class with lots of individual attention, drawing is easier then you thought!

Supply list available at PKCC • Instructor: Jean Pratt Beouy Location: PKCC • 6 classes • Resident \$98 / Non-Res. \$118

Thur 6-9pm Apr 17–May 22 41275

Watercolor Painting

Whether you are a beginner or advanced painter, you will enjoy learning techniques for a successful painting. Jean demonstrates every step and provides individual assistance to all. Working from photo references provided by instructor, you will paint still life, florals, landscapes/seascapes, animals and more.

Supply list available at PKCC • Instructor: Jean Pratt Beouy Location: PKCC • No class 5/26

8 classes • Resident \$130 / Non-Res. \$156

Mon	6-9pm	May 12–July 7	41008
5 classes	• Resident \$81 / N	on-Resident \$97	
Mon	6-9pm	July 14—Aug 11	41009

Oil Painting the Easy Way

Paint along as Jean demonstrates the entire painting and provides individual assistance. Your own style will emerge as you paint many subjects from still life to landscapes to florals. You will quickly learn composition, color mixing, brush use, establishing depth and more. This class offers something for all levels. Supply list available at PKCC.

Instructor: Jean Pratt Beouy • Location: PKCC • 8 classes Resident \$130 / Non-Resident \$156

Tue	5:30-8:30pm	Apr 29–June 17	41010
Tue	5:30-8:30pm	June 24-Aug 12	41011



Students will build a series of collage constructions using cut paper, vintage materials, old photos, old letters, postage stamps, tissue paper, watercolor, drawings and whatever strikes one's fancy. Using clay students will create stamps for added texture and design. We will briefly touch on the development of collage in a historical context. Students will start with simple 1-10 element collages and then move on to more complex multi-element work.

Class offered in partnership with the Kirkland Arts Center Supply list available at PKCC • Location: PKCC Instructor: Larry Calkins • 8 classes • No class 7/3 Resident \$130 / Non-Resident \$156

June 5-July 31 Thur 6-9pm

Beginning/Intermediate Drawing with Pastels

Learn to use the brilliant glowing colors of pastels to draw creatively, while learning techniques of this versatile medium. This class is designed for beginning and intermediate students. Continuing students should bring a project to work on.

Supply list available at PKCC • Instructor: Louise Arntson Location: PKCC • 4 classes • Resident \$30 / Non-Resident \$36

Wed 10am-12pm Apr 2-23 41012

Advanced Drawing with Pastels

Create beautiful scenes through the application of good drawing skills, ideas and special techniques of pastel painting. Prerequisite: Drawing with Pastels for Beginners or prior experience.

Supply list available at PKCC Instructor: Louise Arntson • Location: PKCC • 4 classes • Resident \$30 / Non-Resident \$36

Wed 1-3pm Apr 2-23 41013

For more day time art classes see page 69

Ikebana: The Art of Japanese Flower Arranging

Experience the world of Ikebana and learn how to make simple and elegant arrangements with relatively few floral materials-a real "plus" in today's economic climate. Students will learn concepts of line, space, mass, color, texture and more while creating basic styles of moribana (shallow vase) and nageire (tall vase) arrangements.

Taught by Diane Elliott, a certified instructor with the Sogetsu School of Ikebana • Location: PKCC

Fee for floral materials \$32 paid to instructor on first day of class • Please bring flower scissors, a broad, shallow vase and a large kenzan (flower frog) to first class

4 classes • Resident \$64 / Non-Resident \$72

Wed 6:30-8:30pm June 4-25 41725



Music

Beginning Guitar Turbo Charged!

12 years to Adult

This fast-paced course covers all the basics - from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Must be at least 12 years old at the start of class.

Student must provide their own instrument Instructor: Scott Lawson • Location: NKCC • 8 weeks No class 5/26 • Resident \$98 / Non-Resident \$118

Ages 12 to 15 years

Mon	5:15-6:15pm	Apr 14–June 9	42259
Mon	5:15-6:15pm	June 23–Aug 11	42261

Ages 16 yrs to Adult

Mon	6:30-/:30pm	Apr 14–June 9	42260
Mon	6:30-7:30pm	June 23—Aug 11	42262





Photography

Digital Photography from A to F-Stop

If you are interested in taking better photographs and improving your photo skills with your iPhone, Point and Shoot camera, iPad or a DSLR interchangeable lens camera, you will enjoy this class. You will learn to confidently turn your automatic settings off and use other techniques to capture creative photographs through the use of shutter speed, aperture control, and various mode settings. Bring your digital camera, owner's manual and several of your digital photographs to class on a SD or CF card, flash drive, CD or DVD. Included in the topics to be covered are: • Correcting red eye • Optical & digital zooming • Default, mode & resolution settings • When to use ISO, F/Stop, and Shutter Speed settings • Solving the mystery of megapixels—capturing vs printing • How to meter correctly for proper exposure • Software for optimizing and editing your photographs • Storing, organizing, and displaying your digital photos • Digitizing your older film slides and prints • Traveling with your digital camera • Photo composition and light balance.

Duke Coonrad, is an award winning photographer & has over 30 years of photography experience. His publications include local and national calendars, magazines, and newspapers including the Seattle PI, Kirkland Reporter, Seattle Times and Mercer Island Reporter.

Location: PKCC • Resident \$45 / Non-Resident \$54

Thur	6:30-9:30pm	June 12	41726
Wed	6:30-9:30pm	Aug 13	41728

Language

Introduction to Spanish

Habla Espanol? Learn to speak, read and write Spanish using basic vocabulary in the present tense. Yolanda Von Diesl has been teaching language classes for over 25 years and is fluent in Spanish, French, Norwegian, Italian and German.

This class uses "Dos Mundos 6th Edition, please bring book, pen and paper to class • Location: PKCC • 5 classes Resident \$38 / Non-Resident \$46

Mon	1:30-3pm	Apr 21–May 19	41259
Mon	1:30-3pm	June 2-30	41260
Mon	1:30-3pm	July 14—Aug 11	41261

Continuing Spanish

Now that you know the basics, here's the opportunity to expand your vocabulary and increase conversational skills. Yolanda Von Diesl is fluent in 6 foreign languages and has been teaching for over 25 years.

This class uses "Dos Mundos 6th Edition, please bring book, pen and paper to class • Location: PKCC • 5 classes Resident \$38 / Non-Resident \$46

Wed	1:30-3pm	Apr 16—May 14	41276
Wed	1:30-3pm	May 28–June 25	41277
Wed	1:30-3pm	July 9—Aug 6	41290



French For Adults

Ages 18 to adult

Guided by a native speaker, become comfortable navigating through basic daily interactions and conversations in French... Get exposed to French culture, basic grammar and vocabulary, and be ready for your next trip to France.

Instructor: Frederique Battestini of Polly-Glots Location: NKCC

Spring 10 weeks • No class 5/24 Resident \$168 / Non-Resident \$202

Sat	11am-12pm	Apr 19–June 28	42319		
Summer 6 weeks • Resident \$134 / Non-Resident \$161					
Sat	11am-12pm	July 12-Aug 16	42320		

Voice-Overs

You're On The Air - How to **Make It In Voice-Overs!**

Learn about an exciting new way to turn voice-overs into a full or part-time business! Lisa Foster, a successful voice-over artist, introduces students to the voice-over business and talks about opportunities, income potential, and the all-important demo and how to have it produced. Step up to the microphone, do some practice recording, and hear the results!

Location: NKCC • Resident \$37 / Non-Resident \$44

Tue	7–9pm	May 13	42317
Tue	7–9pm	Aug 5	42318

Health & Nutrition

Hypnosis For Weight Loss

You already know that losing weight can be one of life's most frustrating experiences. Now find out what you can do to lose 20 pounds within weeks. Hypnosis can help you change those old destructive mental programs that are keeping you stuck... and it can be far easier than you ever imagined.

The instructor, Robert W. Felix, is a certified hypnotist registered in the State of Washington • FOR YOUR COMFORT PLEASE BRING A MAT OR TOWEL, AND A PILLOW

Location: Heritage Hall, 205 Market St, Kirkland Resident \$95 / Non-Resident \$114

Tue	7–9pm	Apr 8–22	42349
Tue	7–9pm	June 10-24	42350

Hypnosis To Quit Smoking

Even though you already know how destructive smoking can be, you've lost track of how many times you've tried to quit. You've tried different brands. You've tried the gum. You've tried the patch. You've tried willpower. Nothing seems to work. Well, leave your willpower at home. Hypnosis can help you stop smoking for good... and it can be far easier than you ever imagined.

The instructor, Robert W. Felix, is a certified hypnotist registered in the State of Washington • FOR YOUR COMFORT PLEASE BRING A MAT OR TOWEL, AND A PILLOW

Location: Heritage Hall, 205 Market St, Kirkland Resident \$59 / Non-Resident \$71

Tue	7–9pm	May 6	42351
Tue	7–9pm	July 8	42352

Health & Nutrition

Effective Stress Management: Even in Uncertain Times

Are you feeling chronically worried, tense or stressed out? Have life setbacks been wearing you down? No matter what your situation, it IS possible to reclaim greater energy, mental clarity and peace of mind. You'll learn brain & body-based stress busters that really work: tools for derailing stress, anxiety and physical tension. You'll also learn how to replace negative thoughts with more constructive ones that free up your energy and creative resources. Handouts provided

Instructor: Cynthia Seager • Location: PKCC Resident \$17 / Non-Resident \$20

Mon	6:30-8:30pm	Apr 14	42498
Thur	6:30-8:30pm	June 19	42499



Be Thinner, Healthier & **Happier by Balancing Your Brain Type**

This class will cover lifestyle, diet and exercise tips that help your brain type work better, so your life works better too. Learn specific strategies for balancing mood, improving your focus, losing weight and increasing your energy, all based on your brain type. Know your brain type: Amen Brain typing questionnaire will be provided during class. This class material is based on Dr. Daniel Amen's, "Change your brain, change your body" weight management and health improvement program. This introductory class lets you discover your brain type and gives an overview of Dr. Amen's brain-balancing concepts.

Instructor, Cynthia Seager, is a therapist and ADD/life skills coach who was a staff therapist, coach and educator for the PNW Amen Clinic for over 5 years.

Location: PKCC • Resident \$17 / Non-Resident \$20

Mon	6:30-8:30pm	May 12	42500
Thur	6:30-8:30pm	July 17	42502

Return to Work Series

Build fundamental job-seeking skills in Word, Excel, and PowerPoint to reenter the workforce.

Return to Work –Excel

Learn to customize the quick access menu, work with multiple worksheets, apply absolute and relative cell references, understand and perform calculations, use a pivot table and create what if worksheets. Sharpen your math skills by building fundamental job-seeking skills in Excel.

Location: PKCC • Instructor: Doris Ford • 4 classes No class 5/26 • \$5 lab fee per class is collected at time of registration

Sr-Resident \$46/ Sr Non-Resident \$55 Non-Sr Resident \$65 / Non-Sr Non-Resident \$78

Mon	10am-12pm	May 5-June 2	41732
Fri	10am-12pm	July 11—Aua 1	41733

Return to Work -Excel II

NEW! This class will teach you how to create a family budget that contains the total projected cost, the total actual cost and total difference. Learn how to check formulas for errors; find invalid entries, and use the watch window to keep track of the entered information. You will practice creating an amortization table, a pivot table, adding a hyperlink and embed an object.

Location: PKCC • Instructor: Doris Ford • 4 classes \$5 lab fee per class is collected at time of registration

Sr-Resident \$46/ Sr Non-Resident \$55 Non-Sr Resident \$65 / Non-Sr Non-Resident \$78

Ned	12:30-2:30pm	Apr 9–30	41881

Return to Work –Word

Learn to set default margins, tabs, fonts, and font sizes, create columns, tables, and add symbols, objects, and clip art. Send an email and attach your resume to a prospective employer. After this class you will know how to mail merge, print envelopes, and create mailing labels. Build fundamental job-seeking skills in Word.

Location: PKCC • Instructor: Doris Ford • 4 classes \$5 lab fee per class is collected at time of registration

Sr-Resident \$46/ Sr Non-Resident \$55 Non-Sr Resident \$65 / Non-Sr Non-Resident \$78

12:30-2:30pm 41734

Return to Work -Word II

NEW! Learn to create your own default dictionary, open existing templates, work with graphs, pictures and add a picture caption. Practice using the screenshot tool and snipping tool as well as adding hyphenation, page breaks. Learn how to insert a bibliography, place holders, bookmarks, and a cover page with table of contents on long document, insert headers and footers and work with mail merge.

Location: PKCC • Instructor: Doris Ford • 4 classes \$5 lab fee per class is collected at time of registration

Sr-Resident \$46/Sr Non-Resident \$55 Non-Sr Resident \$65 / Non-Sr Non-Resident \$78

Wed	10am-12pm	May 7–28	41879
Fri	12-2:30pm	July 11—Aug 1	41880

Adult and Child First Aid/CPR/AED

Age 14 to Adult

The Adult and Child First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age—adults (about 12 years and older) and pediatric (infants and children up to 12 years of age).

Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/ CPR/AED valid for two years.

Text Books and Pocket Masks not included in course fee and must be purchased separately at shopstaywell.com item #656731 • 6 hour course • Location: PKCC • Resident \$90 / Non-Resident \$108

Sat	9am-3pm	May 3	42331
Sat	9am-3pm	July 12	42332



Computers

Create a Website for Fun & Profit

No programming required! Discover easy-to-use design tools that can build your personal or business website in 60 minutes. Then get traffic immediately using pay-per-click ads on Google, MSN, Yahoo! and Facebook. This class covers how to get ranked by the three major search engines (SEO), and the tips and traps of website design. Also learn how to create money generating Affiliate website, plus how to easily import and sell products direct from 1,500 manufacturers in China. Optional eBooks available for purchase during class. Taught by a multi award-winning instructor and published author from Seattle.

This class is lecture only • Location: PKCC • Instr: Kevin Boyd Non-Sr Resident \$32 / Non-Sr Non-Resident \$38

9:30am-3pm Sat June 14 41877

Introduction to iPad NEW



Want to learn how to use your iPad to its fullest potential? Then this class is for you! Learn how to use Siri, email, keyboard shortcuts, and the calendar and clock functions as well as how to take pictures and use a photo app. You will also, learn how to download app, books and magazines.

Location: PKCC Instructor: Doris Ford \$5 lab fee per class is collected at time of registration Participants must provide their own iPad

Sr-Resident \$17 / Sr Non-Resident \$20 Non-Sr Resident \$32 / Non-Sr Non-Resident \$38

Fri	8:45-10:45am	May 2	41729
Wed	8:45-10:45am	July 9	41731

Windows 8 classes now available! See page 73 for more details.

Real Estate

Home Sellers Workshop

Learn how to get top dollar for your home. Topics include: Pricing, Marketing, For sale by Owner (Pros and Cons), Cost involved: Marketing, Commissions, Taxes, Title, and Escrow etc.

Instructor: Kim Prater • Location: PKCC • Handouts included Resident \$10 / Non-Resident \$12

7-9pm Thur May 15 41736



Investment Property Seminar

Are you thinking about investing in real estate? Learn how to determine cash flow. Learn how to avoid the 10 biggest mistakes investors have made in the last boom, and see how YOU can take advantage of the crash. Learn terms, formulas, and evaluation tools such as Gross Rent Multiplier, Price per square foot, Cash on Cash return, Float and Desire, and Cap Rate used to evaluate multi-family, commercial, and investment properties. Bring your calculator!

Instructor: Kim Prater • Location: PKCC Resident \$10 / Non-Resident \$12

Thur 7-9pm July 17 41737

One-on-One Computer Assistance

Baffled by your software program? Uncomfortable asking questions in class? Can't figure out that new digital camera? Need to create a customized database or query? Enjoy one-on-one tutoring with Doris Ford! Here is a fabulous opportunity to improve your computer skills and enhance your equipment knowledge.

Resident \$30 / Non-Resident \$36 • \$5 lab fee per class is collected at time of registration Advanced registration required, call 425.587.3360

Home Loan Workshop (Including Refinancing)

Whether you're a First Time Home Buyer, upgrading or looking for an investment or refinancing your existing properties it's important to learn how to structure the best loan. Come get all of your questions answered and learn how to save money on interest rates, hidden fees and high closing

Instructor: Kim Prater • Location: PKCC Resident \$10 / Non-Resident \$12

7-9pm 41882

Home Affordable Refinance Programs (HARP)

Do you qualify for one of the government re-finance programs? If so, do you know which program is best for your scenario and what the advantages are? Learn answers to questions like when will the programs end and what are your options if denied? Kim Prater has over 25 years' experience in the finance industry and will share the answers to these questions and many more. Walk step by step through the complete loan process in this class.

Location: PKCC • Resident \$10 / Non-Resident \$12

41738 Thur 7-9pm Aug 7

General Interest

Is it a Real Work at Home Job or a Scam?

If you need extra ways to supplement your income but can't figure out what is legitimate, then this class is for you! The first half of this class focuses heavily on the marketing trick of scammers. You'll learn how to track emails, trace IP addresses and research companies, giving you confidence to recognize scammers from legitimate work. The second part of the class will provide you with over 170 resources on how to make extra income (besides selling your life on eBay), as well as over 140 legitimate companies that hire at-home workers. Basic internet and emails skills required. Course fee includes book with listings, a \$25 value.

Instructor: Bethany Mooradian • Location: PKCC Resident \$40 / Non-Resident \$48

Wed 6-9pm Apr 16 41015

General Interest

Become a Mystery Shopper

Yes, there is such a thing as a free lunch! Companies hire people to make observations on their stores and employees. They need the information to train workers and improve customer service, and the result is that you get to earn money while you shop and eat! Learn who is hiring, what companies expect, how to write a great evaluation, tax reporting, common scams, and how to get started. Basic internet and emails skills required. Course fee includes book with listings, a \$25 value.

Instructor: Bethany Mooradian • Location: PKCC Resident \$40 / Non-Resident \$48

6-9pm Mav 6 41016 Tue

Master Money Management, Really!

Do you struggle with keeping on top of your bills and account balances? Have trouble building savings? Don't feel financially self-confident? In this class you will learn how to start tracking and organizing your money and paperwork right away, to build the skills and awareness you need to truly be in control of your finances. It's possible to go from money overwhelm to money mastery! The instructor is a certified Financial Recovery Counselor, as well as a therapist and ADHD/Executive Skills coach.

Instructor: Cynthia Seager • Location: PKCC Resident \$10 / Non-Resident \$12

Sat	9–11am	June 7	42528
Mon	6:30-8:30pm	Aug 11	42529



Cooking

Fun, Easy & Exotic Indian Vegetarian Cooking Class

Capture the alluring aroma and magical flavors of India and unleash them at your table with the presentation of your own exotic Indian meal. Learn the secrets about Indian spices, spice blends, basic curries and sauces, street foods and Indian pantry essentials in these fun and easy Indian Vegetarian

cooking class. Enjoy simple, no-fuss recipes with step-by-step instructions presented by the instructor. You too, can manifest magic at your dining table.

Instructor: Padma Mandalaparthy • Location: PKCC • Supply fee paid to instructor \$5 per class Resident \$40 / Non-Resident \$45



tomato and baby greens with cumin seeds and curry leaves, spinach and paneer curry, carrot raita and sweet-

ened yogurt to serve with rice or naans.

Selling on eBay

eBay I: The Basics of Selling

NEW! Whether you simply want to clear the closet, desire additional part-time income or a serious eBay business, this class is your foundation. Learn how to set up an eBay Seller account, create successful eBay listings, upload pictures and accept credit card payments with PayPal. Included are selling "Tips, Tricks and the Traps" to avoid. This class covers how to determine shipping costs, where to get FREE shipping supplies, how to print shipping labels from your home computer and get FREE home pickup. Optional eBooks available for purchase during class. This is an official eBay University class taught by multi-award winning eBay instructor and published author from Seattle. This class is lecture only.

Instructor: Kevin Boyd • Location: PKCC Resident \$49 / Non-Resident \$59

Mon 5:30-8:30pm Apr 21 41539

eBay II: Advanced Selling Strategies

NEW Learn the "Insider Tips and Strategies" that will draw the most bids, maximize sales and beat your competition. Learn how to find a profitable niche, what to sell, what to avoid and how to use Drop Shippers to minimize inventory costs. This class includes eBay research, marketing and photography tips, eBay Stores, plus how to easily import and sell products direct from 1,500 manufacturers in China. This class is lecture only.

Instructor: Kevin Boyd • Location: PKCC Resident \$49 / Non-Resident \$59

Tue 5:30-8:30pm Apr 22 41540

eBay I & II: The Basics of Selling & Advanced Selling Strategies

Resident \$85 / Non-Resident \$102

Mon & Tue 5:30-8:30pm Apr 21 & 22 41541

Dog Training New Trainer!

Companion Animal Solutions is excited to offer dog training for owners with a busy lifestyle.

Instructor: Peggy Adams Myers • Location: PKCC • Resident \$39 / Non-Resident \$47

Impulse Control Our four-legged family members are cute, warm, fuzzy,	Wed 6:30–7:30pm	April 2	41801
and full of enthusiasm. All they need now is a little guidance and development of impulse control. This	Tue	April 29	41802
course will walk you through the four steps of "leave it," "wait & release," and "distance stays" while adding duration, and distractions. You will walk away with very useful materials and practical techniques for a lifetime of canine impulse control.			
Come When I Call Your dog can learn to come to you quickly and reliably.	Wed 6:30-7:30pm	April 9	41798
You will be given a solid foundation and many ideas for practicing "come" when I call you. A reliable recall	Tue	May 6	41799
can save your dog's life.			
Polite Door Greetings Eliminate jumping and give your dog "something to	Wed 6:30-7:30pm	April 23	41803
do" when guests arrive. Good manners & proper door greetings can be as simple as getting your dog to sit,	Tue	May 20	41804
or go lay down on their bed. You will leave class with great ideas for door greeting management, as well as, solutions for everyone in your home to help with the training process.			
Walking on a Leash No More Pulling	Wed 6:30-7:30pm	April 16	41800
Walking casually on a loose leash is a great goal for everyday walking your dog. If walks are more like a tug	Tue	May 13	41805
of war than a peaceful stroll, you can change that for the better with this workshop. We'll cover a variety of different techniques for teaching your dog to keep the leash loose and stop pulling, No prong or choke collars.			

Reactive Rover & Lunging on Leash NEW FORMAT

The first week will teach owners that if you do have issues with other dogs, people, noise, movement or all of the above...it's OK. This class will help you understand that while there are no quick fixes but over time, with dedicated owners, the issues can be managed. In week two learn a variety of techniques for teaching your dog to keep the leash loose and stop

Instructor: Peggy Adams Myers • Location: PKCC • 2 classes Resident \$89 / Non-Resident \$107

pulling.

Tue	6:30-8:30pm	Apr 1 & 8	41806
Wed	6:30-8:30pm	Apr 30 & May 7	41807